

Hallmarks of Bioregulatory Medicine

 **Health Building Approach:** Bioregulatory Medicine shifts the emphasis from diagnosis and treatment of disease towards facilitating and strengthening individual health.

 **Integrated Approach:** Although Bioregulatory Medicine further builds on the achievements of evidence-based medicine, it places medical sciences within the concept of Open Systems Theory and Systems Biology, linking them with traditional CAM medicines and new medical approaches, such as Epigenetics or Psychosomatic medicine.

 **Homeostatic Approach:** The primary objective of Bioregulatory Medicine is to support and regulate homeostasis, or self-regulatory mechanisms; as they have an inherent capacity to restore individual health. Being an interdisciplinary meta-system of homeostatic medicine, the bioregulatory approach also explores auto-regulatory correlations between psychological, physiological, structural, postural, biochemical, and bioenergetic conditions of patients.

 **Multifactorial Approach:** Instead of a conventional linear approach, Bioregulatory Medicine favours a multifactorial therapeutic approach, to match an open-flow of bioinformation within living systems. The essential part of the assessment is an identification of health disruptors specific to each patient, when the treatment is devised to therapeutically counteract their cumulative and toxo-synergistic impact.

 **Systems Approach:** Rather than choosing a conventional 'one disease-one etiology' linear approach, Bioregulatory approach views diseases as imbalances of a systems network. It matches the human open biological system to facilitate an optimal flow of bioinformation along psycho-physiological networks.



 **Process Approach:** Bioregulatory treatment is a therapeutic process that aims to rehydrate, re-mineralise, detoxify, re-energise, restore patients' specific structural resistances and postural misalignments, and to provide psychotherapeutic support and guidance necessary for resolutions of inner conflicts or for personal development.

 **Personalised Approach:** Bioregulatory treatments are based on an evaluation of uniqueness for each *bio*-individuality, within the context of therapeutic probabilities. Bioindividualised pathological predisposition is defined as an algorithm of all detected external and internal health disrupting factors, such as disturbed genome, lifestyle, diet, postural, structural, psychological, environmental or cultural specificities.

 **Clinical and Educational Approach** demonstrates daily therapeutic effectiveness of preventative and regenerative health care both in theory and in practice.

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